



No. 70/2012

TO UEFA MEMBER ASSOCIATIONS
TO CLUBS PARTICIPATING IN UEFA COMPETITIONS

For the attention of
the President and the General Secretary

Your reference	Your correspondence of	Our reference KCDAD/MAC/VOU	Date 21 December 2012
----------------	------------------------	--------------------------------	--------------------------

2013 WADA Prohibited List

Dear Sir or Madam,

In accordance with paragraph 4.01 of the UEFA Anti-Doping Regulations, edition 2012, the 2013 WADA Prohibited List will apply to all UEFA competitions **from 1 January 2013**.

For this purpose, we enclose the new list of prohibited substances, as well as a WADA document summarising the changes compared with the 2012 List. This information is also available on the WADA website (www.wada-ama.org).

Main amendments to the 2013 List (see also enclosures)

Substances and methods prohibited at all times (in- and out-of-competition)

Prohibited Substances

S0: Non-Approved Substances

- It is clarified that veterinary products only refer to substances not approved for human use.

S3. Beta2-agonists:

- The permitted delivered (inhaled) dose of formoterol has increased to 54 micrograms over 24 hours with a corresponding increase of the urinary threshold to 40 ng/mL.

Prohibited Methods

M1. Manipulation of blood and blood components

- The title and the body of this section have been changed to encompass all kinds of manipulations of blood and blood components. As a consequence, M2.3 has been deleted as it is now included in this revised category.

M3. Gene Doping

- To enable a more precise definition of Gene Doping, M3.1 has been reworded.

Substances and methods prohibited in-competition

S6: Stimulants:

- For clarity, it is confirmed that all optical isomers (*d*- and *l*-) where relevant, are prohibited.

Therapeutic Use Exemptions (TUEs)

UEFA's rules and procedure governing TUEs, which are harmonised with those of FIFA, remain the same as in 2012, despite changes to the 2013 Prohibited List. Players participating in UEFA competitions, or in senior-level international friendly matches, who have to use a prohibited substance or prohibited method for therapeutic purposes must request prior authorisation from UEFA by means of a UEFA TUE application form (enclosed). TUE application forms must be completed and signed by the player and their doctor, and then sent to the UEFA Anti-Doping Unit (confidential fax +41 22 990 31 31). Forms must be sent to UEFA only, and not to national anti-doping organisations (NADOs). **Except in cases of medical emergency, doctors must not administer a prohibited substance or prohibited method before a TUE has been granted by UEFA.**

TUEs granted by FIFA are valid for UEFA competitions. **However, TUEs granted by NADOs are not valid for UEFA competitions until they have been recognised by UEFA.** If a player already has a TUE granted by their NADO, they must submit it to UEFA for recognition before the start of the competition (if possible 21 days before). The initial TUE request must be attached to the TUE granted by the NADO. Players participating in youth-level international friendly matches must apply to their NADO for a TUE, and not to UEFA.

TUE applications for prohibited beta-2 agonists must include a complete medical file meeting the requirements set out in the enclosed document "Guide to the WADA Prohibited List and TUEs".

Please note that the Declaration of Use was removed from the 2011 Prohibited List and the latest version (January 2011) of the International Standard for TUEs.

Responsibility

Players should be aware that doping controls can be carried out at all times, both in- and out-of-competition. We therefore remind you of Paragraph 2.01b) of the UEFA Anti-Doping Regulations, edition 2012: *"It is each player's personal duty that no prohibited substance enters his body. Accordingly, it is not necessary that intent, fault, negligence or knowing use on the player's part be demonstrated in order to establish an anti-doping rule violation for use of a prohibited substance or prohibited method"*. Given the disciplinary consequences that a player may face in the event of an anti-doping rule violation, we ask that all players be fully informed of the risks involved in taking any form of medication or food supplement.

In particular, players should be made aware of supplements containing the prohibited stimulant methylhexanamine, which has several other names, including dimethylamylamine, pentylamine,

geranamine, Forthane, 2- amino-4-methylhexane, geranium root extract and geranium oil. If the player is in any doubt, they should contact their doctor, their NADO, or UEFA's Anti-Doping Unit for clarification.

Anti-doping leaflet for players

The anti-doping leaflet for players is available in seven languages (English, French, German, Spanish, Italian, Russian and Portuguese) and was enclosed with circular letter 21/2012 of 4 May 2012. Should you require more leaflets, or leaflets in different languages, please send an email request to anti-doping@uefa.ch.

Please forward this circular and the 2013 WADA Prohibited List immediately to your team doctors, who must in turn inform the players. The List, the "Guide to the WADA Prohibited List and TUEs", as well as the UEFA Anti-Doping Regulations, edition 2012, are also available on the dedicated anti-doping section of the UEFA website at:

<http://www.uefa.com/uefa/footballfirst/protectingthegame/antidoping/index.html>.

If you have questions or require further information, please contact Mike Earl (Mike.Earl@uefa.ch) or Richard Grisdale (Richard.Grisdale@uefa.ch) in UEFA's Anti-Doping Unit.

Yours faithfully,

U E F A



Gianni Infantino
General Secretary

Enclosure(s)

- 2013 WADA Prohibited List
- WADA summary of modifications made to 2013 List
- Guide to the WADA Prohibited List and TUEs
- TUE application form

cc (with enclosures)

- UEFA Executive Committee
- Medical Committee
- Anti-doping Panel
- European members of the FIFA Executive Committee
- FIFA, Zurich